

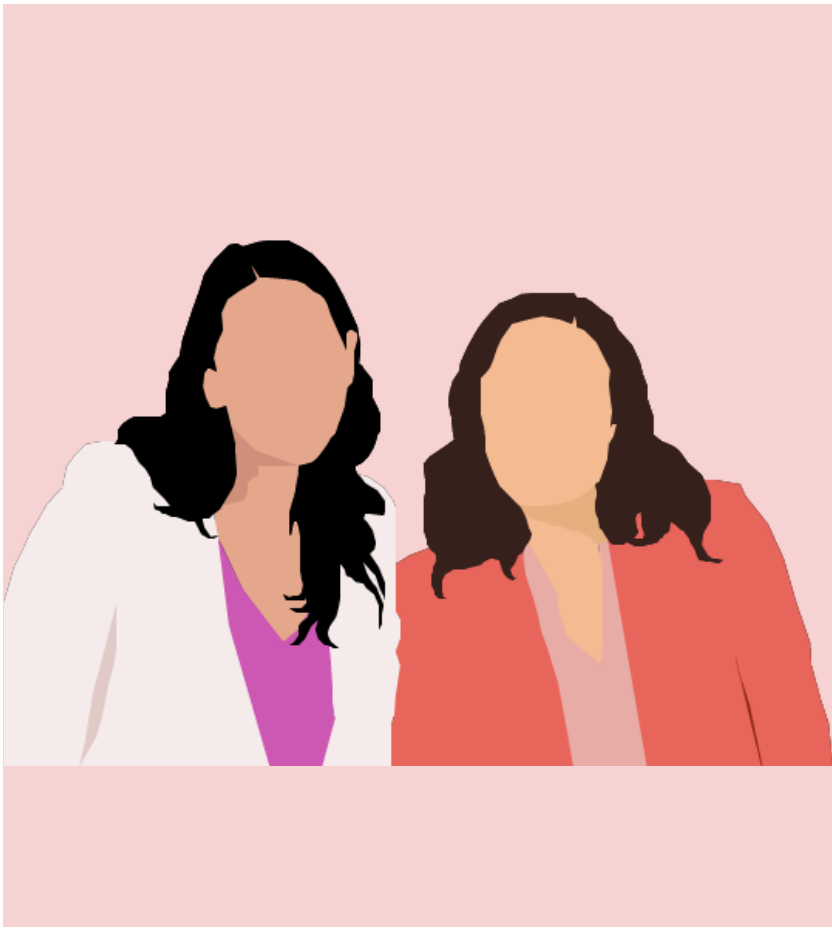


# Mindset Blueprint

"YOU GOT THIS!  
LET'S SHIFT YOUR  
MINDSET SO YOU  
CAN ACHIEVE  
YOUR GOALS."

- Beth & Taylor





# Hi there,

We're Beth & Taylor - co-founders of WIN community and podcast. We are business coaches, entrepreneurs, and investors focused on helping other womxn find their passion, overcome obstacles, and achieve their goals.

We're so glad that you signed up for our Mindset Blueprint that we created to help you align with your goals!

Congrats to you for having the courage to take this major step toward building your business - we can't wait to support you on this journey.

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Let's get you to your goals

# Mindset Journal Exercise

In order to shift your mindset, you must first understand yourself and your WHY! What is a why? Your "why" is your purpose, your overarching reason for why you do what you do.

Examples might be time freedom to spend with your family, freedom to travel, etc.

We're going to dive into some DEEP questions so find a quiet space, grab a tea/coffee/wine, and let's get into it!

WHAT MAKES YOUR COME ALIVE?

HOW WILL YOUR MEASURE YOU  
— LIFE?

Now let's evaluate...

WHAT DO THESE HAVE IN COMMON?

WHAT IS HOLDING YOU BACK FROM  
ACHIEVING YOUR WHY?

LET'S BRAINSTORM - WHAT ARE  
SOME WAYS TO OVERCOME THESE  
OBSTACLES?



## Reflection

How do you feel after completing that exercise?  
Excited? Motivated? More unsure than before?

If your answer is unsure or confused,  
**THAT IS OKAY!**

Mindset isn't something we shift and cultivate in one  
exercise or even overnight.

But we can help! We have created a program that  
will walk you through your why, help you shift your  
mindset, overcome those roadblocks, and create a  
personalized roadmap!

# Excited to Learn More?

We would love to support you! Here is how you can work with us:

## **Join Our Invest in YOU | Everything Starts with Mindset Program**

A self paced program where we guide you through shifting your mindset, focusing on your why, and achieving your goals!



Well done - I am so proud of you for making it this far and closing the last page of the Mindset Blueprint.

If you feel intrigued and excited to continue your learning journey, then click the button below to learn more - we are really excited to help you achieve your goals!

**click here**